

What is halal?

Halal

- An Arabic term which means “permissible” or “lawful”
- Halal food refers to food that is permissible for Muslim consumption

Halal food

Food must be free from:

- Intoxicating drugs
- Alcohol
- Meat/by-products of animals that are forbidden to be consumed by Muslims

Halal meat

Slaughtering:

- Animal has to be healthy and alive at time of slaughter
- Must be done by a Muslim
- Severed by a razor sharp knife in a single swipe, to incur least pain
- Done as a prayer is being said
- Blood must be drained out of the carcass