

Ageing gracefully

OPPORTUNITIES TO KEEP HEALTHY AND TO LEARN

- A National Silver Academy will offer courses at different institutions for seniors to learn for interest and to stay active. Over 30,000 places will be offered for seniors by 2030. These will take place at voluntary welfare organisations, community organisations and education institutions such as polytechnics and ITEs.
- The President's Challenge will champion a national movement of senior volunteerism to get 50,000 more seniors to contribute to community development by 2030
- A National Seniors' Health Programme – with healthy lifestyle campaigns and community activities – will be launched to reach out to at least 400,000 seniors 50 years of age or older to help them age more healthily
- Eligible seniors aged 65 and above will receive a quarterly Silver Support income supplement



A MORE COHESIVE SOCIETY

- Ten new HDB BTO projects over the next 10 years will have co-located eldercare and childcare facilities so that the young and old can interact
- A Passion Silver Card will be issued to every Singaporean aged 60 and above which will entitle them to discounts and privileges
- A new Vulnerable Adults Act will protect seniors and persons with disability who are suffering or at risk of harm from abuse, neglect or self-neglect



A MORE AGE-FRIENDLY SINGAPORE

- Public transport, pedestrian and road infrastructure as well as parks will be made more senior-friendly in the next 10 years. This will include lifts at overhead bridges used frequently by seniors and better signs at transport nodes
- Active Ageing Hubs will be built in at least 10 future HDB developments. Aside from active ageing programmes, they will also offer day care, day rehabilitation and assisted living services for frail seniors
- Up to S\$200 million will go towards a National Innovation Challenge to encourage research focused on ageing

