

# Pick a sport

Sports ranked by regular participants  
in Singapore, 2011

RANK	SPORTS	EST. NO. OF PARTICIPANTS	%*
1	<b>Jogging</b>	522,840	16
2	<b>Swimming</b>	259,800	8
3	<b>Walking/brisk walking</b>	239,037	7
4	<b>Badminton</b>	142,930	4
5	<b>Soccer</b>	142,741	4
6	<b>Gym workout</b>	111,957	3
7	<b>Basketball</b>	105,789	3
8	<b>Cycling</b>	96,262	3
9	<b>Physical exercise/training, home exercise, calisthenics</b>	70,426	2
10	<b>Tennis</b>	48,413	2
11	<b>Captain's ball</b>	47,113	1
12	<b>Yoga/Pilates</b>	38,543	1
13	<b>Taijiquan/Qigong</b>	36,543	1
14	<b>Golf</b>	25,341	1
15	<b>Dancing (all forms)</b>	20,562	1

*\*Percentage of regular sports participants in Singapore*

Source: Sport Singapore