

tried & tested

BY TAN JU KUANG

THE NEW TITLEIST 716 IRONS

Titleist isn't a brand that rolls out new clubs just for the sake of it. So when they bring out a new model, you can bet there's something significantly progressive in it to help our game.

The award-winning, highly popular Titleist AP1 and AP2 irons get a beefy makeover.

The Titleist 716 AP1s now have an extreme 360-degree undercut construction helping to make it the longest and most forgiving iron Titleist has made.

The clubface is thinner for increased speed, and there is 50 per cent more tungsten for greater heel and toe stability.

The Titleist 716 AP2 takes large steps at helping aspiring golfers achieve their goals. The lower centre of gravity – made possible by tungsten weight placed low with the Advance Co-Forging Process – helps improve launch characteristics, and the high moment of inertia design increases ball speeds across the clubface.

In addition to the AP1 and AP2, Titleist has also introduced the 716 CB and MB irons for the better player.

High-density tungsten helps lower the centre of gravity on the Ti-

tleist 716 CB irons and an innovative co-forged construction places it low and on the perimeter for added forgiveness in its Tour-proven profile.

The 716 MB irons now have a modern High Muscle Design with a squarer toe to go with its thin topline.

Centre of gravity heights are optimised through the set for optimum trajectory, and the high-tech CAD modelling used to design the clubs result in long to short irons with consistent performance.

Visit www.titleist.com.my/golf-clubs/irons/ for more information.



NATURAL HYDRATION

It appears that one of the best ways to hydrate is available right at our tropical doorsteps.

Coconut water has been gaining traction as the health drink of choice, and UFC Refresh Coconut Water is one premium offering available here.

The drink scored between 80 and 90 per cent at the recent International Taste & Quality Institute (iTQi) Awards 2015, and was awarded two stars by 15 experts from sommelier and culinary associations.

UFC Refresh Coconut Water is harvested from coconuts in Thailand, and contains 100 per cent natural coconut water, free from any added sugar, additives, colours or flavours.

It contains the five essential electrolytes – potassium, magnesium, phosphorus, sodium and calcium – making it the perfect drink to hydrate on a hot day, or as a post-workout drink.

It can also be used in salad-dressing recipes and marinades.

Coconut water is also fat and gluten-free, and has no cholesterol.



PREMIUM JAPANESE

For most people, the wedge is the scoring club.

You'd be surprised how many strokes you'd shave off your score if you hone your short game with accurate pitches and chips.

That said, having the right shaft for your wedges might hold the key to hitting it closer to the hole.

Premium Japanese shaft manufacturer A.Japa's new MCT Wedge shafts feature a combination of high-modulus quadraxial weaves with unidirectional prepreg woven with titanium fibres in its construction.

What this means in layman's terms is that these shafts have low torque, have the strength and stiffness of steel, but with the soft, dampened feel of a carbon shaft – in

other words, just the elements you need in a wedge to hit your pitches close.

The MCT Wedge shafts come in 102g Stiff for those who want a slightly active tip section, and the 120g X-Stiff for the ultimate in stability, control and direction.



playit

FORGET THE FIZZ

Sportade is your go-to sports drink if you don't like carbonation.

Specially formulated to cool your body and to replenish liquid and electrolytes, the isotonic drink provides sodium, potassium and chloride in fruity flavours that please the palate at the same time.

Proper hydration through sports drinks like Sportade translates to improved performance and endurance through your golf game or workout, as it prevents muscle fatigue and loss of coordination and concentration.

Sportade is low in sodium, caffeine free, and has no preservative.

It comes in five flavours: Purple Grape, Strawberry, Fiery Orange, Iced Blueberry, Lemon Iced and Frosty.



photos courtesy of Acushnet Spore Pte Ltd, Lam Soon Singapore, Sportade, MLN International, Ponderosa Golf & Country Club



BEAT THE JAM

Ponderosa Golf & Country Club in Johor has the answer for golfers who don't want to get stuck in the jam across the Causeway during the weekends.

The club, located in Taman Molek just outside Johor Baru, is now offering tee times as early as 5am.

The course will be lit for the golfers without extra charge. Green fees for the pre-dawn tee off are priced at \$78 nett per person, inclusive of buggy fee and insurance.

Ponderosa also offers transportation from Singapore for those without vehicles (at a cost).

The club is situated a short five to 10-minute drive from Tesco, Giant, and Tebrau Aeon City, which means that you'll have more time to indulge in food and shopping, given your early tee time.

For bookings and more information, e-mail enquiry@ponderosagolf.com or call +607-354-9999.