



GREY MATTERS

How options for elderly here match those overseas

What is a retirement village?

A retirement village is a housing development that caters specifically to the elderly. It offers a range of accommodation options, facilities and services including outings, visits to doctors or hospitals, long-term care fixtures or even assisted living.

Options in Singapore



KAMPUNG ADMIRALTY

■ Government initiative

■ **104 flats** with communal facilities (ie childcare and elderly centres)

■ Access to healthcare via **Alexandra Health System**



ST BERNADETTE LIFESTYLE VILLAGE

■ **8 units** of full suite of services including assisted living

■ **\$S\$3,500/month**



THE HILLFORD

■ Marketed as **condo living** for seniors

■ **No age limits** on buyers so many residents turned out to be young folks and families

Models overseas

UNITED STATES

Hebrew SeniorLife (HSL), Greater Boston area and beyond

- Affiliate of **Harvard Medical School**
- Non-profit organisation has **8-site system** of healthcare, housing, research and teaching
- Offers **housing and services options** across different income levels, from higher to extremely low

✓ For elderly

- Different housing types such as villas, cottages, apartments
- Independent living: 90% of cost of home is refundable when resident leaves, additional monthly fee applies
- Assisted living: Rental model
- Supportive housing scheme: Studios to 2-bedroom units pegged to market monthly rents of US\$1,850 - US\$4,000

✓ **Shared amenities** eg. art studio, gym

✓ **Optional services** eg. home care, nursing, therapy

✓ **Basic services** eg. on-site medical care, social worker

✓ **Wellness and health programmes**

✓ **Social activities**

✓ **Shared communal spaces**

✓ **Meals**

JAPAN

Silverwood Yakuendai, Greater Tokyo Area

■ Run largely by **part-time workers**

■ Provides **24/7 monitoring**

✓ For elderly

- Single and couple rooms
- An average of 160,000 yen (S\$2,000) a month per person
- Assisted living

✓ **Shared communal spaces**

✓ **Optional services** eg. doctor visits at cost of 10,000 - 90,000 yen (S\$120 - S\$1,100) per month

✓ **Basic care**

✓ **Meals**

HONG KONG

Jolly Place and Cheerful Court

■ Not-for-profit initiatives of the **Hong Kong Housing Society**

✓ For elderly

- Subsidised apartments – 1-bedroom or studio flats
- Ranges from HK\$705,000 – HK\$1.73m (S\$122,000 - S\$300,000)
- When tenancy ends, portion of entry fee will be refunded
- Monthly management fees apply
- Care unit beds available

✓ **Shared communal spaces**

✓ **Shared amenities** eg. gym, pool, library

✓ **Basic services** eg. health checks, housing maintenance

✓ **Optional services** eg. private nurse, catering, laundry

✓ **Wellness and health programmes**

✓ **Recreational activities**