

Secret to a good night's sleep



The Tempur Zero G Prestige showcases the brand's latest innovation in bedding technology.

Premium beds designed to provide comfort and luxury for sweet slumber.

By **Hafiz Rasid**

THE right bed or mattress matters when it comes to getting quality sleep. Sleep is priceless, especially if you are one of those who struggle with wakefulness at bedtime.

The latest in bedding technology takes comfort in the bedroom to new levels. Leading premium bedding makers are putting a whole new spin on sleep being a luxury with their latest offerings. The mattresses in the newly launched Simmons Beautyrest Black Series are infused with micro

diamonds and are designed to provide back support and even help the sleeper achieve the ideal body temperature.

Lifestyle piece

The Tempur Zero G Prestige – the latest bed system unveiled by the high performance sleep brand, gives new meaning to form and functionality. The adjustable bed system is a state-of-the-art piece that is not only aesthetically impressive, its functionality goes beyond delivering superior sleep.

The adjustable and motorised bed base comes with a wireless remote control that allows you to change positions at the touch of a button. The system comes with four pre-set positions to choose from. The Zero G position elevates your legs to increase circulation while reducing stress throughout your body, putting you in the ideal posture for sleeping.

The Zero G Prestige bed system provides many options to suit your lifestyle. It is the prime seat in the house for your home theatre system. Surf the

net or read a book, all from the comfort of your bed.

Complete the experience with a gentle vibration massage to help you relax and take away the stress of the day.

Ms Janet Soh, the country manager for Tempur Singapore said: "We are seeing how the bed has evolved from its role as a sleeping platform to a lifestyle furniture. The Tempur Zero G for instance creates a relaxing spot to unwind as you watch television, sit upright to complete your work task on the laptop. It even turns your resting time into a mini-spa session with its built-in passive massage system."

Mr Kenny Tang, the general manager of Luxury Mattress Collection, said there is a growing popularity of adjustable beds as people spend time in bed not just to unwind, but some literally take their work to bed.

He said: "Nowadays, people spend a lot more time on their bed doing tasks on their computer or tablets. Adjustable bed systems are ideal for those seeking an ergonomic solution to their needs."

The Tempur Zero G Prestige is available exclusively at Robinsons Heeren Bedshop.

Diamond-infused mattresses

Mr Casey Teh, the managing director of Simmons (SEA) said: "Sleep is the ultimate luxury in today's modern, fast-paced society. The Simmons Beautyrest Black Series delivers modern luxury and power performance especially for the well-heeled, well-travelled business executives, professionals, managers and businessmen. Simmons' exceptional and latest advancements create an extraordinary sleeping experience, bringing about the most luxurious and rejuvenating sleep."

Drawing upon the conductive properties of diamonds, the micro diamond-infused memory foam helps to draw heat away from the body. Coupled with Simmons' patented Sleep Climate Surface technology, the mattress is designed to draw body heat away from the sleeping surface to keep you cool, even on warm nights.